

Meaning of cuisine and culinary arts

Cuisine- “a style or method of cooking, especially as characteristic of a particular country, region, or establishment”.

E.g., Food based on seafood.

Food cooked in a certain way.

A *cuisine* from Latin *coquere* "to cook" is a style of cooking characterized by distinctive ingredients, techniques and dishes, and usually associated with a specific culture or geographic region.

Meaning and definition of culinary

The word culinary refers “to something that is connected to cooking or kitchens”. Culinary arts is therefore defined “as the art of cooking”. People who have a passion for food and cooking are good candidates for working in the culinary arts field.

Culinary Arts Jobs

- There are many options for people who choose to go into culinary arts. Jobs are available in many places, such as restaurants, catering and banquet halls, schools, hospitals, hotels and more. Positions in the culinary arts all revolve around preparing food, in one aspect or another.

Types of Jobs

- In addition to obvious positions, such as cooks, sous chefs and chefs, other positions in culinary arts are also available. For instance, someone interested in the culinary arts could work in research and development for a large food company, such as Kraft. Another possibility is working as a production chef for a specialty food producer.

Culinary Arts Skills

- People who go into culinary arts should have a true passion for food. A talent for taste is also needed. Some chefs will say that taste can be trained or developed over the years, but most agree that either you have it or you don't. Culinary arts professionals should have a flare for combining different ingredients and a desire to experiment with out of the ordinary combinations. They also need to consider that other demands come along with the job, such as working holidays, demanding schedules, some physical strength and limited social life.

Culinary Arts Schools

- While many people learn the food business through hand-on experience, more and more people are attending culinary school and choosing culinary arts as a professional career rather than

simply a job. There are various areas to focus on that includes nutrition, pastry, sauces and more. See the Resources section below for a culinary school near you.

Culinary Arts for Non-Professionals

- In addition to choosing a career in culinary arts, many people appreciate culinary arts as a hobby or personal interest. These people have many ways to pursue their passion. There is a wealth of information out there for people to reference--books, the Food Network and adult education classes are just a few places to start.

Non-Cooking Culinary Arts Related Jobs

- Those who wish to work in the culinary arts field, but do not necessarily want to work in the kitchen have options as well. Many non-cooking related positions are available that range from restaurant managers and sommeliers (wine experts), to food sales, food photography, teaching culinary arts and food writing.